North News

Union St Goulburn, 2580

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Principal's Message

Welcome back to school! What a peculiar year it has been but hopefully we will see a few restrictions eased so that our community can once again fully participate in the comings and goings of our school.

We will be running a revised Kindy orientation which will incorporate the restrictions due to COVID. We are also investigating how we can hold a Year 6 Farewell while still adhering to the departments restrictions. In both instances unfortunately, parents will not be able to be on the premises.

Next week we are holding a virtual Book Week parade. It is unfortunate that we will not be able to have parents attend, however we will film the parade and make it available through Class Dojo.

Leonie Pearson

Tell Them From Me Survey

Our 2020 Parent Tell Them From Me Survey is now available for parents to complete. Your valuable feedback will help guide decisions around the future directions of our school. To access the Parent Survey go to

http://nsw.tellthemfromme.com/GNPS

This will close on Friday 23 October 2020.

Term 4 Week 1

Term 4 Calendar

Term 4

Week 1

12 October Students return to school

Week 2 BOOK WEEK

23 October Virtual Book Week Parade

Book Fair

Week 4

2 November Kindergarten Orientation

starts

Week 5

13 November Mulwaree HS Orientation

Week 6

18 November Opportunity Class Test day

Week 8

1 December High School Orientation Day

PBL

SPOTLIGHT

We Speak Respectfully

Week 10

16 December Last day of school

The spotlight for this week is We speak respectfully!

Speaking respectfully to others is about using your empathy to be considerate of others. It is about saying things clearly so that others understand. Speaking respectfully also involves thinking before you speak.

You show you are speaking respectfully by:

Speaking clearly and practising active listening

Being calm and thoughtful of the person/people you are having a conversation with

Avoiding discussing rumours and gossip

Using your manners

Using polite, respectful language

Making your meaning clear

Listening to instructions the first time and re-

sponding accordingly

Respect Responsibility Co-Operation



AWARD WINNERS

KN Mylah Scarlett K/1R Scarlett Riley 1B **Brody Poppy** 2F Hayden Lachlan 2L Landyn **Bede** 3/4M Cody William 3/4B Holly Maya **Christian Keely** 4/5L 5/6J Celeste Jay 5/6H Max Katelyn 5/60 Neythan Josh

Week 1 Award Winners



PBL OFFICE AWARDS

Jade KN Jay 5/6J





LIBRARY AWARDS 5/60 3/4B

HONOUR RIBBONS

Zoie KN Eli KN Brody 1B Cianna 2F Ava 3/4M Logan 4/5L Jem 5/6J Scarlett KN Mia 3/4B William 3/4M



MRS HAMILTON'S AWARDS

Madeleine 1B Brody 1B



WEEK 10 PBL WINNERS



5/60 Bailey 3/4B Kate & Guy

K/1R Caleb

5/6H Max

3/4M Ashton

ΚN Coby 5/6J Millie

2L Archie

2F Cianna

Cayden 4/5L

Coby 1B



Year 7 Entry into Selective High School in 2022

Applications for Year 7 entry to selective high schools in 2022 will be accepted from Tuesday, 13 October 2020 to Monday 16 November 2020.

Parents must apply online at:

https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7

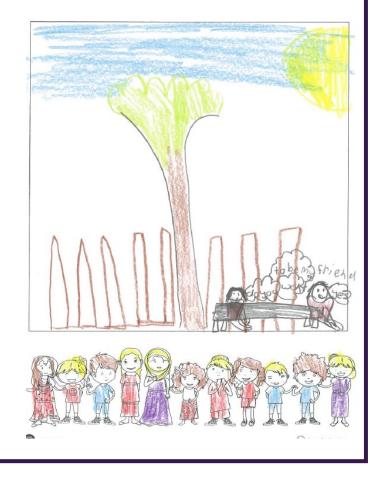
All applications are required in order to sit the Selective High School Placement Test to be held on Thursday, 11 March, 2021.

Your child will receive a form, 'Intention to Apply' that will contain information on how to apply if you are interested. Please note, this form is not an application, you will need to apply online if you wish to go ahead.

I can show respect by.....

- Speaking respectfully
- Using my manners
- Using put-ups
- Speaking calmly and using appropriate school language
- Being a friend to others
- Helping others
- Using their property appropriately
- Showing active listening
- Showing eye contact
- Standing still and responding to what they say

Written by Shelby 4/5L







Artwork by 2L

I can show respect by.....

- 1. Speaking to others respectfully
- 2. Using my manners
- 3. Put-ups
- 4. Using a calm voice
- 5. helping others
- 6. Using their property appropriately
- 7. Showing active listening—eye contact, standing still and responding to what they say
- 8. Being a friend to others

Written by Arliah 4/5L





































littleathletics.com.au

FAMILY FUN & FITNESS





How to get started in Little Athletics

Who can do Little Athletics?

Little Athletics ACT venues are able to cater for children from 6 to 17 years of age, with many Centres able to cater for athletes with a disability. No matter what your skills or ability Little Athletics is all about family, fun & fitness[®] and making sure you can be your best[®].

How will I learn?

Many Centres have coaches to help you improve and learn about athletics so you can get the most out of your involvement with Little Athletics. Learning is fun and in no time you will see your personal best (PB's) performances improve.

What are the benefits?

If you are fit it makes you feel good about yourself and you have the energy to do anything. Young people who take an interest in sport are more likely to stay fit for life.

What does my mum, dad or family have to do?

Apart from making sure you get safely to and from Little Athletics, your mum and/or dad or your family make great helpers and officials and coaches of the future. Organising, raking, recording, directing and measuring are all jobs families and helpers are asked to do.

What events can I do?

Depending on your age group Little Athletics offers: Sprints, Middle and Long Distances, Hurdles, Relays, Walks, Shot Put, Discus, Javelin, High Jump, Long Jump and Triple Jump.

How friendly is it?

You will find no shortage of friends or friendships at Little Athletics Little Athletics has provided a friendly environment for over 50 years with millions of Aussies enjoying their experience. If you are uncertain or a little shy, bring your best friend and do Little Athletics together.

How do I join?

Simply visit our website to register online or contact your nearest Centre for details. You can join at any time! Run, jump, throw, have fun and be healthy.





When: The 2020/21 Season begins on Thursday, 15th October.

How to register: Online registrations can be found on the following website:

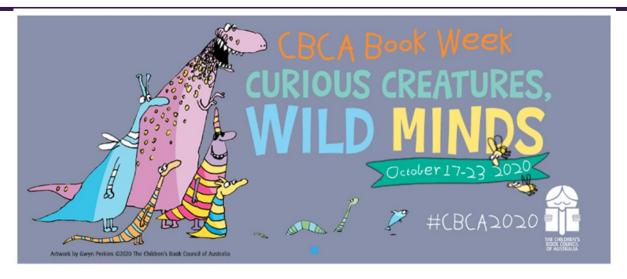
https://registration.resultshq.com.au/CentreRegistration/Search

Where: Hudson Park, Goulburn

Time: Club evenings are from 4:45pm until 7:30pm every Thursday. Younger age groups

finish earlier.

Contact: Jenny Hassan on 0412 299 465 for further information.



Dear Parents and Families:

Reading for pleasure unlocks the power of information and imagination helps children discover who they are. Here's what you can do to help children develop stronger reading skills and a love for reading:

Set the example. Let children see you read.

Have a collection of books in your home. Update this collection routinely to keep up with changing tastes and reading skills.

Support our school's Book Fair. Allow your children to choose their own books to read.

It's a fun reading event that brings the books kids want to read right into our school. It's a wonderful selection of engaging and affordable books for every reading level.

Book Fair dates: 19-23rd October (Week 2 Term 4)

Shopping hours: Children may look at the selection during their library lessons and also at lunch time however all buying will happen on Friday 23rd October.

We will be having a Book Week parade on Friday, 23rd October.

The theme is 'Curious Creatures – Wild Minds'.

I plan to place a picture on Class Dojo on Monday 19th with all the books available at our Book Fair, and children can fill in wish lists for you to view! Remember, all purchases benefit our school.

Sincerely,
Margaret Morris
Teacher/Librarian

Goulburn North Canteen Open for Lunch orders Fridays Only*

*For the remainder of Term 2.

The canteen will be offering a lunch order only available on <u>Fridays</u> with a <u>reduced</u> menu created to be in line with the Healthy Schools Program.

We ask if possible that correct money is supplied in lunch order bags to reduce money handling.

This service is being run by canteen Manager Jaime Brunton and unfortunately, we cannot have our amazing volunteers on the school grounds.

Jaime has obtained all relevant training in relation to new restrictions, with increased measures and precautions taken in all preparation and food collection.

We are unable to offer over the counter service sales at this time, therefore, ice blocks will <u>not be</u> made available until further notice. If this is to change, we will be sure to update.

For any more information, please email gnpscanteen@gmail.com

We thank you for your continued support of the Goulburn North Canteen.

Reduced Menu

<u>Drinks</u>		Snacks		Hot Food	
Water	\$1.50	Popcorn	\$1.00	Lasagne	\$4.00
Milk	\$2.00	Cheese and Crackers	\$1.00	Bolognese	\$4.00
Strawberry/ Choc					
Juice Poppers	\$2.00	Spread Sandwich	\$1.50	Large Pie	\$3.50
		Jam/ Vegemite/			
		Honey			
Juice Bombs	\$2.00	Toasted sandwich		Sausage roll	\$3.50
		Cheese/	\$2.00		
		Ham and Cheese			
		Garlic Bread	\$1.00	Pizza Rounda	\$4.00
				Nuggets 6pcs	\$3.00
				Sauce	.20



Why social distancing matters

Social distancing of 1.5 metres decreases the exposure of coronavirus (COVID-19).



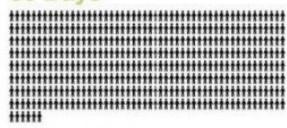






2.5 People infected

30 Days



406 People infected

50% less exposure







1 Person

1 Person





1.25 People infected



15 People infected

75% less exposure



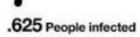




1 Person









2.5 People infected



Don't forget to pack Crunch&Sip® every day... Crunch&Sip® is a set time for children to eat vegetables or fruit and drink water in the classroom. WATER **FRUIT VEGIES** 0 Cancer Council Crunch&Sip crunchandsip.com.au