

North News

Union St Goulburn
Ph: 02 4821 3838
goulburn-p.school@det.nsw.edu.au



Week 6 Term 4



Principal's Message

Due to unforeseen circumstances there wasn't a newsletter published last week. We will endeavour to bring everyone up to speed in this newsletter.

Our campers, teachers and parent volunteers arrived back safely from camp. Thank you to our volunteers for your help. They had a great time.

Swimming School also commenced this week. It has been disappointing to see that barely half of our Year 2 students will be participating in the swimming lessons this year. Our summers often revolve around pools, rivers and dams which makes it very important that our children can swim to save themselves. Those parents who didn't take up the opportunity for their child to learn to swim this year should really try to get their children involved next year.

We are still in the midst of a Whooping Cough outbreak! In the past week alone we have had three children diagnosed with the disease. If your child is presenting with a cough, please have them checked by a doctor. Those children with bad coughs are infecting other children and the spread of Whooping Cough continues on. It is an extremely dangerous disease for the very young and elderly in our community.

Leonie Pearson



The closing date for Lucky Book Club is 2 December. This is the last order for 2019.

Week 6

- 18 November** Stage 3 Camp
Swim School starts
- 20 November** Stage 3 Campers return
- 22 November**

Week 7

- 27 November** **12:00pm** 2020 Captains and prefect speeches
4:15pm Mayor's Reception for school leaders

Week 8

- 2 December** International Day of Disabilities
- 3 December** Mulwaree HS Welcome Evening
Goulburn HS Orientation Day
- 4 December** Aboriginal students—Otis Media testing
- 5 December** Stage 3—Oliver
4:15 AECG Mtg Mulwaree HS
Last day of Kindergarten Orientation
- 6 December** Choir—Legacy Christmas Party

Week 9

- 9 December** 6:30pm P&C Xmas dinner
- 11 December** K-2 Aged Care visits
Yrs 3 to 6 Presentation Evening
- 12 December** K-2 Presentation
- 13 December** Parent Thank You Morning Tea
Mulwaree HS band performance

Week 10

- 16 December** Year 6 Farewell
- 18 December** **Last day for 2019**
- 2020**
- 29 January** **Years 1 to 6 return**

Our PBL spotlight this fortnight is "We Respect Ourselves" and as part of what we are discussing at school, can you follow up with this message at home by:

1. Discussing that respecting yourself is staying true to what you value and what you think is the right thing
2. Doing your best at everything you do (but being your best can be different at different times and days e.g. if you are feeling sick than your best is going to look different to if you are feeling well)
3. Why should we respect ourselves?



We Respect Ourselves!

Respect

Responsibility

Co-Operation



AWARD WINNERS

KR	Caleb	Alexander	Jasmine	3/4B	Holly	Charlie	Amelia
KN	Poppy	Trey	Brody	3/4L	Hailey	Josh	Charlie
1/2B	Chyanne	Ashton	Ellie	3/4M	Zac	Summer	
1/2F	Curtis	Nate	Harrison	5/6C	Bailey	Finn	Salvatore
1/2L	Bailey	Bede		5/6H	Libby	Aidan	Charlie
1/2S	Ashley-Roze	Coby	Katie	5/6J	Rusty	Millie	Elyssa



SPECIAL AWARDS

Library	1/2L	5/6J
Listening	3/4M	1/2F



CONDUCT AWARDS & HONOUR RIBBONS

Katie 1/2S, Natalia KR, Laurell KR, Ciara KR, Chloe 3/4M, Ben 3/4M, Alicia 1/2S, Ava 1/2S, Tyler 1/2B, Sam 1/2B, Ella 1/2B, Noah 3/4L, Riley 3/4L, Miah 3/43/4L

Pikelet Making with 3/4B

On Friday the 8th November, 3/4B made Pikelets as part of our procedure unit. We got to collect the ingredients and mix them up to make a batter. The batter was placed in a hot pan in small circles to make pikelets. Once the pikelets bubbled, we flipped them. When they were ready we got to eat them. We were allowed to put butter, sprinkles or maple syrup on the pikelets. We had a great morning. Thank you to Miss Bladwell's parents who came in to help us.

From 3/4B



Stage 2 & 3 sport at PCYC



On Monday 11th November, Goulburn North hosted the Positive Behaviour for Learning Coaches professional development course. The canteen catered for this event and put on a wonderful spread of healthy, fresh food options. Great job, Jaime!



Week 4

PBL Raffle Ticket Winners

Week 5

- | | |
|-----------------|----------------|
| 1. Charlie 3/4L | 6. Jye KN |
| 2. Oliver 1/2L | 7. Harry 3/4M |
| 3. Reegan 5/6J | 8. Olivia 3/4B |
| 4. Archer 5/6C | 9. Kalle 3/4L |
| 5. Bailee 3/4L | 10. Rorie 5/6J |

- | | |
|---------------------|-----------------|
| 1. Chloe 5/6H | 6. Cianna 1/2B |
| 2. Cara KN | 7. Merinda 3/4M |
| 3. Riley S 3/4L | 8. Brody KN |
| 4. Charlotte H 1/2L | 9. Indy 1/2B |
| 5. Ilylah 3/4B | |

Attendance Matters and Every Day Counts!

1 or 2 days absent a week doesn't seem like much but.....

If your child misses.....	That equals....	Which is.....	And over 13 years of schooling that is.....
1 day per fortnight	20 days per year	4 weeks per year	nearly 1 ½ years
1 day per week	40 days per year	8 weeks per year	over 2 ½ years
2 days per week	80 days per year	16 weeks per year	over 5 years
3 days per week	120 days per year	24 weeks per year	nearly 8 years

ASSEMBLY ROSTER Term 4

WEEK	Term 4
1	Peer Support
2	3/4L
3	Peer Support
4	3/4M
5	Peer Support
6	1/2B
7	Peer Support
8	1/2F
9	Peer Support
10	No assembly

Goulburn North Canteen

Term 4 2019

We need volunteers to help in the canteen. If you are available please call
Jaime Brunton on 0401 026 700.

Term 4 2019	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 14—18 October	CLOSED	Carol Ann	Janelle Tracey	CLOSED	Jaime Helper Needed
Week 2 21—25 October	CLOSED	Jaime	Janelle Monique	CLOSED	Jaime Helper Needed
Week 3 28—1 Oct/Nov	CLOSED	Jaime Carol	Janelle Alana	CLOSED	Wendy Helper Needed
Week 4 4—8 November	CLOSED	Ann Mel	Janelle Cassie	CLOSED	Jaime Helper Needed
Week 5 11—15 November	CLOSED	Carol Helen	Janelle Tracey	CLOSED	Jaime Wendy
Week 6 18—22 November	CLOSED	Jaime	Janelle Monique	CLOSED	Jaime Helper Needed
Week 7 25—29 November	CLOSED	Carol Helen	Janelle Alana	CLOSED	Jaime Wendy
Week 8 2—6 December	CLOSED	Ann Mel	Janelle Cassie	CLOSED	Jaime Helper Needed
Week 9 9—13 December	CLOSED	Carol Helen	Janelle Tracey	CLOSED	Jaime Wendy
Week 10 16—18 December	CLOSED	Jaime	Janelle Monique	CLOSED	CLOSED



GOULBURN NORTH CANTEN MENU



Open: Tuesday – Wednesday – Friday
Lunch orders to be in by 9:30am

AVAILABLE DAILY - SNACKS

No need to order

- 20c Rice Cracker
Plain or w/ Butter, vegemite or cheese
- 20c Pancakes
Plain or w/Butter or Jam



- 50c Apple Slinky
- 50c Popcorn
- 50c Fresh Fruit
- 50c Cheese Toastie (*half sandwich size*)
- Muffin of the day
- 50c *Small*
- \$1 *Large*



- \$1 Red Rock Deli Sea Salt
- \$1 Sunbites Grainwaves
- \$1 Custard Cup
- Plain or w/ fruit*
- \$1 Yoghurt Cup
- Plain or w/fruit*
- \$1 Veggie Cup w/dip
- \$1 Fruit Cup w/dip



Keep our school tidy...
please put your rubbish in the bin.

AVAILABLE DAILY – SANDWICHES

FRESH OR TOASTED

Please Order for Lunch

- \$1.50 One Filling 50c Additional Fillings
- \$2.00 Two Fillings 50c Roll or Wrap
- \$2.50 Three Fillings

Available Fillings:

Spread - Vegemite, Jam, Honey
Meat - Ham, Chicken, Beef
Salad - Lettuce, Tomato, Cheese, Carrot,
Cucumber, Onion, Pineapple, Beetroot.
Sauces - Tomato, BBQ, Sweet Chili, Mayo



AVAILABLE DAILY - HOT FOOD

Please order for Lunch

- \$1 Cheesy Garlic Bread
- \$1 Hot Noodles (*chicken/beef*)
- \$5 Chicken or Beef & Gravy Roll

AVAILABLE DAILY – DRINKS & ICEBLOCKS

No need to order

- \$1 Water 600ml
- \$1 Hot Milo
- \$1 Just Juice
- Apple, Apple & Blackcurrant,
Orange, Paradise Punch
- \$1.60 Berri Pop Top Juice
- Apple, Apple & Blackcurrant,
Orange
- \$2 Moove Flavoured Milk
Chocolate, Strawberry



- 50c Quelch Fruit Stick
- \$1 Moosie



TUESDAY LUNCH SPECIALS

- \$3 Pizza
Cheese, Ham and Cheese or BBQ Chicken
- \$3 Pasta
Penne Bolognese
- \$3 Lasagne

All home made with fresh ingredients

WEDNESDAY LUNCH SPECIALS

- \$5 Chicken Burger
w/ Lettuce, Cheese & Mayo
- \$5 Chicken Deluxe Burger
w/Lettuce, Tomato, Cheese, Pineapple
- \$5 Cheeseburger (*w/sauce*)
- \$5 Cheeseburger
w/Salad & Sauce

FRIDAY LUNCH SPECIALS

- \$2 Small Pie
- \$4 Large Pie
- \$3.50 Sausage Roll
- 50c Nuggets

- 20c Sauce (*Tomato or BBQ*)
- 5c Lunch Bag (*if not provided*)



CANTEN MANAGERS:

Jaime Brunton – 0401 026 700
Janelle Anable – 0412 830 415
gnpscanteen@gmail.com
Facebook: Goulburn North
Public School P&C



Find us on

We are always in need of volunteers and we appreciate anytime that can be dedicated to help keep our canteen open. If you can help, please contact Jaime or Janelle.

